

# On the Spiritual Side

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## St. Philip's serves soup to benefit food pantries

St. Philip's Episcopal Church hosts its first "Philip's Table" fundraising event to benefit area food pantries.

Modeled on the Empty Bowls Project, a grassroots movement to combat hunger, the dinner will take place from 2 to 4 p.m. Sunday, Oct. 25, at the Eagle Firehouse in New Hope. All are welcome.

The cost is \$20 for a hearty bowl of one of four homemade soups, bread, a beverage, dessert and a locally made pottery bowl, or \$10 for the same dinner served in a basic bowl.

Dinner-goers will be asked to keep their bowls as a tangible reminder of food insecurity in our midst.

"Hunger is one of those 'hiding-in-plain-sight' issues in this area," said Liz Oliver of St. Philip's, who organized the event. "We tend to think of children and adults who go to bed hungry as a faraway phenomenon, when in fact it's happening right under our noses."

"Local food pantries are struggling to keep up."

Proceeds from Philip's Table will benefit Rolling Harvest Food

Rescue, the New Hope-based non-profit that distributes locally grown-and-donated food to those in need; the Lambertville Food Pantry, which serves more than 1,000 people a month under the sponsorship of the Delaware Valley Interfaith Council of Churches; and others.

The dinner's featured soups — corn chowder, chicken rice, Italian wedding and vegetarian carrot ginger — will be prepared by St. Philip's parishioners the morning of the event using fresh ingredients donated by the church.

Panera Bread, Wegman's and

Redner's will supply bread free-of-charge. A variety of local potters and ceramics students have specially created and donated bowls, including artists from the Tyler Park Center for the Arts and Central Bucks East High School.

"We're very fortunate in this area," said the Rev. Michael R. Ruk, rector of St. Philip's. "Many of us never have to think about where our next meal is coming from. Yet, so many are willing to give their time and talent to help those of our neighbors who do."

He added: "Special thanks to the talented potters and cerami-

cists without whom there would be no 'empty bowls' at Philip's Table to fill."

The Empty Bowls Project, emptybowls.net, is an initiative of Imagine Render, a nonprofit organization dedicated to the creation of "positive and lasting change through the arts, education, and projects that build community."

Philip's Table takes its name from the New Hope church patron saint, the apostle who is often associated with food. Contact Ruk at 215-862-5782 or michael@stphilipnewhope.org.

## "Journey of the Soul" offered by Jewish Learning Institute

The Rohr Jewish Learning Institute's newest course examines the soul and its journey through ancient Talmudic teachings.

Is there life after death? What happens to the soul after we die? What is it like for those who have traveled over to the Great Beyond?

Those are but a few of the questions addressed in "The Journey of

the Soul," a six-session course, beginning at 7:30 p.m. Oct. 26.

Rabbi Aryeh Weinstein of the Jewish Learning Academy will conduct the sessions at the Glazier Jewish Center, 25 N. State St., Newtown.

"There's a significant amount of confusion in the Jewish community about what happens to us when we die," said Rabbi Naftali Silber-

berg, the lead editor for the course from JLI's headquarters in New York.

"Many ideas that originate in other religions and belief systems have been popularized in the media and are taken for granted by unassuming Jews. In 'Journey of the Soul,' we clear up these misconceptions and introduce an authentically Jewish approach."

"Journey of the Soul" provides spiritual insight into the soul's journey through life, death and beyond, as well as ancient Jewish wisdom that sheds light on the philosophical, emotional and practical aspects of coping with death and mourning.

The course is co-sponsored by the Washington School of Psychiatry, enabling medical and mental health professionals to earn continuing education credits.

"Journey of the Soul" is designed to appeal to people at all levels of Jewish knowledge, including those without any prior experience or background in Jewish learning. All JLI courses are open to the public, and attendees need not be affiliated with a particular synagogue, temple, or other house of worship.

For registration and information, call 215-497-9925 or visit myJLI.com.

## Upper Tincum celebrates the arts

Historic Upper Tincum Lutheran Church, 188 Upper Tincum Church Road, Upper Black Eddy, presents the first in a series of programs devoted to the arts at 10 a.m. Sunday, Oct. 18, in the sanctuary.

The kick-off event will celebrate the 100th anniversary of the church's altar-painting depicting Jesus, the Good Shepherd, which was completed in 1915 by the local artist, Paul W. Janert.

All are invited to learn about the artist and the painting's history. Lunch will follow.



UPPER TINCUM LUTHERAN CHURCH

built in 1893. Designed by Frank Furness, an American architect of the Victorian era, the church possesses rich acoustics and is a sought-after venue for concert performances, including the Lenape Chamber Ensemble.

Furness designed more than 600 buildings in the Philadelphia area, including the Pennsylvania Academy of Fine Arts.

Attendees are welcome to tour the church's cemetery, where more than 90 veterans of the War of 1812, the Civil War and World War I and World War II are buried.



## Food pantries benefit

St. Paul's Evangelical Church of Applebachville held its sixth bi-annual Joyful Noise Music Festival June 27, raising more than \$11,000, which it divided among three local food pantries: Quakertown Food Pantry; St. Isidore's; and Milford Square Shelter. Checks were presented at the Sept. 20 service at St. Paul's. Pictured are Denise Shaeffer, St. Paul's Food Pantry liaison; Rich Baringer, Joyful Noise co-ordinator; Kelly Shaak, St. Paul's Church council president; Lisa and Steve Young, St. Isidore's Food Pantry; Carol Kidd, Quakertown Food Pantry; the Rev. Dave Heckler, St. Paul's pastor; and Maddie Burgess, Milford Square Shelter.

## St. Martin's hosts overnight retreats

St. Martin of Tours Roman Catholic Church in New Hope, holds an overnight women's weekend retreat at the Parish Life Center, Oct. 24 to 25.

A men's overnight weekend retreat follows Nov. 7 to 8.

Each renewal weekend goes from Saturday morning to Sunday afternoon. The retreats will follow the Christ Renews his Parish

structure. St. Martin's offered the program for the first time last spring. Participants liked it and are helping to run the program this fall.

The retreats are open to people who are at least 19 years old. CRHP is for anyone seeking spiritual renewal and an opportunity to deepen their faith and sense of purpose.

A free-of-charge offering will be accepted, but there is no charge to participate. Meals will be provided. Volunteer help is welcomed, as are food donations.

To help in the planning process, sign-up early.

For information, visit smartinofours.org or contact Claudia Barua at cbarua@stmartinof-tours.org or 215-862-5472, x333.

## Providing a history lesson



Stu Abramson, president and CEO of Doylestown Historical Society, was guest speaker at the September Ladies of Mt. Carmel meeting. He talked about the life of William Edgar Geil, a little-known Doylestown. Geil, born in 1865, explored China, Africa and the Holy Land. He authored 10 books and lectured widely. In 1908, he was the first person to traverse the Great Wall of China. In 1912, he and his wife built a 30-room concrete mansion on Route 611 with a Chinese pagoda behind it. He died in 1925 and is buried in the Doylestown Cemetery.

## HAPPENINGS

### Palisades Crop Walk begins in Riegelsville

Palisades Crop Hunger Walk is set for Sunday, Oct. 18, St. Peter's Lutheran Church, 720 Edgewood Road, Riegelsville.

Registration opens at 12:30 p.m., and the 10K (6 mile) walk begins at 1 p.m. on the Delaware Tow-path. A shorter walk is optional.

Visit Trauger's Farm on the walking path for a break.

Twenty-five percent of donations go locally to St. John's Lord Pantry and Riegelsville Interfaith Meals on Wheels and 75 percent goes to feed the hungry around the world.

Visit crop hunger walk.org/RiegelsvillePA to register, or call 610-346-7282 for registration material.

The walk is hosted by members of the Palisades Luther Cluster and Upper Bucks Chapter of Thrivent Financial for Lutherans.

### St. Mark's hosts lecture on culture and gospel

All are invited to attend a free lecture, "Engaging the Culture While Remaining Faithful to the Gospel in the Time and Place we are Called," by Abbot Tryphon, Thursday, Oct. 22, at St. Mark's Orthodox Church, 452 Durham Road, Wrightstown.

Complish is at 6:30 p.m., followed by the lecture at 7 p.m. For information, visit stmarksoca.org.

### Join Great Big Challah Bake to build Jewish identity

Join with hundreds of women and girls, gathering at Bensalem High School on Oct. 22 to make challah together as part of The Great Big Challah

Bake, a local observation of an international event designed to build Jewish identity.

The community event celebrates the longtime Jewish tradition of making challah for Shabbos. This year, women from more than 30 countries across six continents are expected to participate in the challah-baking festivities.

Doors open at 6:30 p.m. The High School is located at 4319 Hulmeville Road, Bensalem.

Book now at greatbigchallahbake on the Eventbrite website, or call 267-225-7003.

### Learn to meditate at Buddhist Sanga of Bucks County

Learn and practice Buddhist meditation with The Buddhist Sanga of Bucks County at 7 p.m. Mondays at Yardley Friends Meeting House, 65 North Main St., Yardley.

The Sanga offers "a safe place" to practice sitting with the breath, calming the mind, and learning and sharing ethical practices. BSBC is a growing community of practicing meditators engaged in learning and sharing the teachings of the Buddha on meditation and mindfulness.

Visit buddhistsanga.com or contact BSBC19067@yahoo.com for information.

### Friends host workshop on fostering animals

The Speaker Series at Middletown Friends Meeting hosts Karen Winkler and Victoria Schade at 12:15 p.m., Oct. 25, in a workshop created to encourage fostering of shelter pets.

When one animal is taken into a home as a foster pet, it opens up space for another pet, thereby saving two lives.

The event is free and open to the public.

Contact langhorneclerk@gmail.com for information.

### Kehilat Hanahar offers music program

Reconstructionist synagogue Kehilat Hanahar, also known as The Little Shul by the River in New Hope, has been awarded its second Berger grant.

The congregation is part of the Harold and Renee Berger Synagogue Network for Families with Young Children, a program of Jewish Learning Venture. It is one of 16 synagogues chosen this year.

With the funds, KHN will implement a program called "Jewish Music and Movement" for children ages 1 to 6, accompanied by an adult. It is free and open to all in the community.

The program will be held at the synagogue from 10:15 to 11:15 a.m. Oct. 25, Nov. 8, Dec. 13, Jan. 10, Feb. 7, March 13 and April 17. Families can come to one or all seven sessions.

To register, or for information, e-mail khnschool@gmail.com or call 215-862-1912.

## DESIGNER BAG BINGO

Sponsored by CLC Parent Group, benefiting CHILDREN'S LEARNING CENTER of Solebury United Methodist Church

FRIDAY, OCTOBER 16

7-9 PM, DOORS OPEN 6:30 PM

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\$25 IN ADVANCE \$30 AT THE DOOR

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For tickets, 215-862-2917 or email: clcsoleburyumc.org

## Worship Directory

### SALEM UNITED CHURCH OF CHRIST

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9:30 am Worship / Baptism / Sunday School

10:30 am Fellowship and Refreshments

Nursery Service available

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